ACTIVITIES DESCRIPTIONS



There is plenty to do at LLFC! Below are the activities we may offer each morning and afternoon except opening and closing days. Availability of these activities may vary throughout the season and therefore may not be offered during your visit. *Activity may be offered as a self-guided activity outside of scheduled activity times. Inquire at the Outpost for availability and use of equipment.

**Only offered during summer season.

Archery – Come try your hand with our Genesis compound bows at our archery range! Participants will be able to take turns firing their bows at our targets from a variety of ranges. We have bows for adults and children! <u>Guests under 12 must be accompanied by an adult.</u>

Arts & Crafts – Come join our staff in making a variety cool crafts. Find out what is in store for you at the Activity Barn! <u>Guests 6+ welcome</u>. <u>Guest under 9 must be accompanied by an adult.</u>

Alpine Tower – A jungle gym of climbing fun, our Alpine Tower stands 50' feet tall. Harnessed in and belayed by our staff, you can explore your limits on this exciting climbing element. No minimum weight (must fit appropriately in full body harness). Maximum weight 330 lbs.

Crate Stacking – Harness up at Headwater's very own Crate Stacking structure to build some architectural wonders. As you climb crate by crate, you can test your balancing skills with this adventurous activity. Don't worry, our auto belays will ensure your descent is as graceful as possible. Minimum weight 22 lbs. (must fit appropriately in full body harness). Maximum weight 330 lbs.

Fishing* – Looking to enjoy the sweet serenity of the canyon while catching a glimpse of what lies beneath the water? Go fishing at our Linnet's Wings or Crazy Horse waterfronts! We have some of the coolest catfish in the Frio.

Fly Fishing** – In this two-session activity, you will learn the basics, rod set up and casting, break for lunch and meet up again to test your skills on the water. All equipment provided, including waders & wading boots. <u>Participants must attend the first activity to enjoy the second activity</u>. <u>Minimum age 10. Guest under 12 must be accompanied by an adult.</u>

Frisbee Golf* – On our 9-hole course, you can toss the frisbee while soaking up the all-natural environment of the Frio River canyon. Course map/scorecard available in the Welcome House.

Hiking* – Want to get the best view in the canyon? Perhaps a scenic trail? Join us on a staff-led hike to either Circle Bluff (Hard – Steep, continuous ascent to top. Half-mile route.) or Box Canyon (Medium-Hard – Some steep ascents, with constant elevation changes. 1.5-mile route.). These newly refurbished trails are full of stunning views, amazing ecosystems, and interesting challenges. NOT stroller accessible, bring your child carrier. Must wear shoes that stay attached to feet. Trail maps available in the Welcome House.

Kayaking – Hang out on the water and glide along the canyon walls while the fish swim in the cool water below. There is plenty to see along our stretch of the East Frio River canyon. We have both single and tandem kayaks for you and your kiddos! <u>Guests under 12 must be accompanied</u> by an adult. Provided lifejackets must be worn by everyone.

Kids' Club – For our youngest guests, ages 0-5. Available during Devotional Times as well as Morning and Afternoon Activities. Pagers upon request. <u>Please inform staff of any food allergies</u>, <u>dietary restrictions</u>, <u>or other specific instructions regarding your child.</u>

Mountain Biking* – Interested in getting on the trail and trying out the switch backs? Headwaters' Upper and Lower loop trails can be easy or an exciting challenge! Our Specialized bikes will be sure to get you there and back. <u>Bikes provided fit individuals between 48" to 54" in height.</u>

Orienteering** – Become a treasure hunter! Your knowledge will be put to the test as you seek out various caches, perhaps even leaving some for others to find. <u>All equipment provided. Minimum age 6. Under 8 must be accompanied by an adult.</u>

Pellet Guns – Want to test your aim? Our Gammo air rifles are great way to do just that. Hit a bullseye and you may even get to keep the target! Guests under 12 must be accompanied by an adult.

Riflery – Our trained staff will instruct you on how to shoot a .22 from behind a table, reducing the wobble for a more accurate shot at your target. <u>Minimum age 8. Under 12 must be accompanied by an adult. Protective hearing and eyewear provided.</u>

Rockwall – Reach new heights at our climbing tower – El Dorado! Participants can harness up and climb our tower using auto belays which give you amazing protection and a smooth descent. Minimum weight 22 lbs. (must fit appropriately in waist harness). Maximum weight 330 lbs.

Shotgun – Follow that bird! Well, clay pigeon. Watch those clay pieces scatter with every successful shot! Minimum age 12. Protective hearing and evewear provided.

Tomahawk – Ever dream of becoming a long-range lumberjack? You ought to give this a try! Our shaded range is sure to provide you a great axe-throwing experience. Minimum age 7. Guest under 9 must be accompanied by an adult.

Swim* – Splash around in the cool Frio River. Waterslide available only when lifeguards are present. <u>Guests under 12 must be accompanied by an adult. Lifejackets available.</u>

Zip Line** – Have you ever imagined yourself flying through the treetops and soaring over the Frio River? Let your dreams come true on our three-stage canopy zip line tour over the crystal blue Frio River. Minimum weight 60 lbs. Maximum weight 300 lbs.

Our facilities also offer great spaces for your family to meet and play with new and old camp friends!

We have a basketball court located behind Circle Bluff Inn, a volleyball court, two playground areas, a sandbox in the Courtyard, and a large playfield with a kid's sized mini zipline located at the far end.

2023 Summer