



LLFC Activity Info Sheet

	Morning		Afternoon	
	<u>10:00-11:00 AM</u> A Block	<u>11:00 AM-Noon</u> B Block	<u>1:30-2:30 PM</u> A Block	<u>2:30-3:30 PM</u> B Block
<u>Archery (10)</u>	A	B	A	B
<u>Arts & Crafts (16)</u>	AB		AB	
<u>Climbing Tower</u>	A	B	A	B
<u>Crate Stacking (10)</u>	AB		AB	
<u>Fishing (10)</u>	AB		AB	
<u>Frisbee Golf</u>	(Self-Guided)	(Self-Guided)	(Self-Guided)	(Self-Guided)
<u>Hiking</u>	AB		AB	
<u>Kayaking (12)</u>	AB		AB	
<u>Kids' Club</u>	AB		AB	
<u>Mountain Biking (8)</u>	AB		AB	
<u>Pellet Guns</u>	A	B	A	B
<u>Tomahawk</u>	A	B	A	B

LLFC Activities will look different this year due to programming and staffing changes.

Each activity period is divided into an A and B block for both the morning and the afternoon. Each activity block has a limited capacity, **and you must be there at the beginning of the block to participate.** We ask you to sign up as a family unit – whether that be your whole family, half and half, or perhaps a mother-daughter excursion (**every child under the age of 12 must be accompanied by a parent**). **Please do not double-book yourself.**

*** Please note activities fill on a first come, first served basis. This sheet is to help map out an activity plan for your family but does not guarantee a spot. Therefore, we strongly suggest you arrive with a few back-ups in mind. ***

Activity Descriptions

Archery – Come try your hand with our Genesis compound bows at our archery range! Participants will be able to take turns launching their arrows at our targets at a variety of ranges. We have bows for adults and children!

Arts n' Crafts – Come join our staff in making beautiful crafts of all kinds. Maybe your own mug? Or perhaps some leatherworking? Who knows what is in store for you at the Activity Barn!

Climbing Tower – Reach new heights at our climbing tower – El Dorado! Participants can harness up and climb our tower using Auto Belays which give you amazing protection and a smooth descent.

Crate Stacking – Harness up and head down to Pebble Beach in Echo Valley to build some architectural wonders. As you climb crate by crate, you can test your balancing skills with this adventurous activity. Don't worry, our Auto Belays will ensure your descent is as graceful as possible.

Fishing – Enjoy the sweet serenity of the canyon while fishing with family and friends (catch and release only).

Frisbee Golf – On our frisbee golf course you can toss the disk rock while soaking up the all-natural environment of the Frio River Canyon. With 9 holes across Headwaters there is plenty of time for a game or two.

Hiking – Want to get the best view in the canyon? Join us on a staff-led hike along Blue Hole trail up to Circle Bluff. This newly refurbished 0.5 Mile trail boasts a steady incline with incredible views along the way. You'll be sure to have a bird's eye view!

Kayaking – Hang out on the water and glide along the canyon walls while the fish swim in the cool water below. There is plenty to see along our stretch of the East Frio River canyon. We partner with Austin's Expedition School to give you the best experience out on the river.

Kids' Club – Our counselors encourage silly smiles and crazy fun in this special program designed for our youngest campers, aged 0-5, in the Activity Barn. Please inform us of any food allergies, dietary restrictions, or specific instructions regarding your child. We also have parent pagers available upon request.

Mountain Biking – Interested in getting on the trail and trying out the switch backs? Check out Headwaters' Upper and Lower loop trails for an easy ride or exciting challenge! Our Specialized bikes will be sure to get you there and back.

Pellet Guns/Air Rifles – If you fancy yourself a sharp-shooter this is a great activity for you. Our firing range down at Linnet's Wings is a great place to test your skills with our Hatsan air rifles. Hit a bullseye and you may even get to keep the target!

Tomahawk – Ever dream of becoming a long-range lumberjack? You ought to give this a try! We have custom-made tomahawks with a variety of handle lengths and weights to give you a great axe-throwing experience. (Did we mention the range is shaded?)

